

## **NO ONE DOES MORE FOR VETERANS.**

### Rancho Cordova

Meetings occur at 1800 the 3rd Tuesday of every month

~

10124 Coloma Road (Moose Lodge)

### **VFW POST 10125**

## Remembering 9/11

Most of us can remember exactly what we were doing when 9/11 happened. I was getting ready for work when the planes hit, and then, right when arriving at work the first tower fell.

Being a Veteran of course I wanted to do something about the attack on our country but I had already been out for 15 years. I mentioned to a few people at work that I wanted to go back in, they weren't Veterans and could not understand.

Like most people, I settled into the awfulness of it all. Then one day in my junk box there was an email from an Air Force Reserve recruiter. Not only did I answer that junk mail letter, I joined and spent the next 16 years in the Air Force Reserves. I deployed to Iraq twice in my forties and that is how I came to be eligible for the VFW.

9/11 - Never Forget!

Operade R. Howhin

### Announcements





#### 9/11 TRAVELING MEMORIAL

### 9/11 Traveling Memorial

City Hall, 2729 Prospect, Rancho Cordova Tue, September 10 12:00 PM to Sun, September 15 4 PM (We will have a booth there)

- Buddy Poppy Event
   9/13 9/14 Various locations
   Email svc@vfw10125.org to donate or volunteer
- 5 October ~ VFW Picnic
   Hagan Park, 11-3
   Food & Fun

   \$10 Kids under 12 are free
- Patriot Pen / Voice of Democracy

"Is America Today Our Forefathers' Vision?" more info: svc@vfw10125.org Enter by 10/31/2024

Post Rummage Sale
 More info to come ~
 Save donations for us!

# In this newsletter you can expect:

Remembering 9/11

Post Announcements

> Other VFW News

#StillServing

Quartermaster / Fundraising

Chaplain's Corner

Veteran Resources

Women Vets

Community News

Tech Talk

VFW Sages



#### California VFW is in Alameda, CA - Credit CA VFW Facebook Page

Join us for the <u>POW/MIA Ceremony on September 21, 2024</u>, aboard the historic USS Hornet in Alameda, CA. We honor and remember the brave men and women who made the ultimate sacrifice and those who are still missing. Let us come together to ensure they are never forgotten.

When: September 21, 2024 at 11am

Where: USS Hornet Sea, Air, and Space Museum

Admission: General admission rates apply for non-VFW/Aux members. Free access for VFW and VFW Auxiliary members with valid membership cards.

Scissor Lift Access is available for those who need assistance with steps and gangways.

#### #VFWCA #VFW #POWMIA #Veterans #USSHornet

### #StillServing TodaysVFW.org



Comrade Butler & Daughter at the Air Show

We have a new Community Service Chair!

His name is

Comrade Jose Diaz Butler ~

Thank you for stepping up to the plate!

## Post Fundraising



VFW information & Buddy Poppy tents will be stood up for the **9/11 Traveling Memorial.** Volunteers will cover as much as possible during the tour dates
September 10 - September 14. Please stop by and see us and hang out too!

There will also be 9/11 **Buddy Poppy tents on 9/13 and 9/14** at our typical locations. For more information or to help out, please email svc@Svc@vfw10125.org



## Chaplain's Corner

#### Sacramento Stand Down is

conducting a 3-day event from September 27-29, 2024 at B.T. Collins Reserve Center, Sacramento CA. 95828 Volunteer ~ 916- 389-8917

#### El Dorado County Stand Down is

conducting a 2-day event
September 29 & 30, 2024
9am - 3pm
El Dorado County Veterans
Memorial Buidling130 Placerville Dr
Placerville
Volunteer ~ 530-621-5146



### Veteran Resource

Friday, September 20
Employer Summit - A Bridge to
Hiring Veterans - Free Ticket
VSP -3333 Quality Drive
Rancho Cordova, CA 95670

This event was created to bring Greater Sacramento-area employers together to recognize the value veterans bring to the workforce and share insights on how, together, we can do more to hire, retain and support our local veterans.



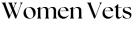
Tech Talk:

In collaboration with SheerID, LinkedIn offers eligible members of the U.S. military community one year of access to LinkedIn Premium.



## Community News

Sacred Texts of War "An enlightening journey into the heart of moral injury among combat veterans. This compelling program explores how a Northern California doctor has successfully treated thousands of men and women using an innovative narrative therapy." 29 Sep - Harris Center Tickets Here





Kiyo Sato was raised on a farm in Sacramento, California. She was attending Sacramento Junior College at the outbreak of World War II, when her parents and eight siblings were evacuated and forced into the Poston Internment Camp. She later went to nursing school and joined the Air Force. Listen to her story Here & YouTube Interview Here. Kiyo is 101 now and working on another book!

- Develop the right skills with over 21,000 courses
- Promote deeper learning with hands-on experience
- Prove skill proficiency with professional certificates and skill evaluations
- Learn how and when you want with bite-sized videos or in-depth content
- All Veterans are eligible



## Our VFW Sages

FYI: This information may help you one day, or you might relay to another Veteran/family!

The U.S. Department of Veterans Affairs (VA) Program of Comprehensive

Assistance for Family Caregivers (PCAFC) offers enhanced clinical support for Family Caregivers of eligible Veterans:

- 1 The individual is either:
  - · A Veteran; or
  - · A member of the Armed Forces undergoing a medical discharge from the Armed Forces.
- 2 The individual has a serious injury (including serious illness) incurred or aggravated in the line of duty in the active military, naval, or air service.
  - For purposes of PCAFC, serious injury means any service-connected disability that: (1) Is rated at 70 percent
    or more by VA; or (2) Is combined with any other service-connected disability or disabilities, and a combined
    rating of 70 percent or more is assigned by VA.
- 3 The individual is in need of in-person personal care services for a minimum of six (6) continuous months based on any one of the following:
  - · An inability to perform an activity of daily living;
  - A need for supervision or protection based on symptoms or residuals of neurological or other impairment or injury; or
  - A need for regular or extensive instruction or supervision without which the ability of the Veteran to function in daily life would be seriously impaired.
- 4 It is in the best interest of the individual to participate in the program.
- 5 Personal care services that would be provided by the Family Caregiver will not be simultaneously and regularly provided by or through another individual or entity.
- 6 The individual receives care at home or will do so if VA designates a Family Caregiver.
- The individual receives ongoing care from a Primary Care Team or will do so if VA designates a Family Caregiver.





#### **Family Caregiver Eligibility Requirements**

A Family Caregiver must:

- Be at least 18 years of age.
- Be either:
  - · The eligible Veteran's spouse, son, daughter, parent, stepfamily member, or extended family member; or
  - · Someone who lives with the eligible Veteran full-time or will do so if designated as a Family Caregiver.
- Be initially assessed by VA as being able to complete caregiver education and training.
- 4 Complete caregiver training and demonstrate the ability to carry out the specific personal care services, core competencies, and additional care requirements.

In addition, there must be no determination by VA of abuse or neglect of the eligible Veteran by the caregiver.



The amount of the monthly stipend the Primary Family Caregiver is eligible to receive:

GS rate at grade 4, step 1 (depending on needs/level of care estimated pay is \$1,500 - \$3,000

Thank you for reading!

<u>vfw10125.org</u> Phone 916-284-9945