



**VETERANS OF FOREIGN WAR (VFW). POST 10125
P.O. BOX 898
RANCHO CORDOVA, CA 95741**



September 21, 2021

TO: Post Commander

FROM: Service Officer

SUBJECT: Monthly Report

I. Mather VA Volunteer hours (wheelchair services and Info desk) Aug:

- Five volunteers from Post 10125
- 5984 contacts/22 days=**272 contacts/day**

II. Flu Shots: Enrolled Veterans can request a flu shot during any scheduled appointment, unless noted otherwise below.

- Walk-Ins

Sacramento VA Medical Center

- Location: First-Floor Auditorium, Building 650
- Monday - Friday, 8 a.m. - 4 p.m.
- Saturday Clinics:
 - 9/25 and 10/9, 9 a.m. - 2 p.m.

Martinez VA Outpatient Clinic

- Location: Building AB-6
- Monday - Friday, 8:30 a.m. - 3:30 p.m.
- Saturday Clinics:
 - 10/16 and 10/23, 9 a.m. - 3 p.m.

Auburn (Sierra Foothills) VA Clinic

- Monday - Friday, 10 - 11 a.m., 1 - 2 p.m.

Chico VA Clinic

- Monday - Friday, 3 - 4 p.m.

Fairfield VA Clinic

- Monday - Friday, 9 - 12 p.m., 1 - 3 p.m.

Mare Island VA Clinic

- Monday - Friday, 9 - 10 a.m., 1 - 4 p.m.

McClellan VA Clinic

- Location: South Parking Lot
- Monday - Friday, 9 a.m. - 3 p.m.
- Saturday Clinic:
 - 10/2 and 10/16, 8 a.m. - 3 p.m.

Oakland VA Clinic

- Location: 2nd floor
- Monday - Friday, 10 - 11 a.m., 1 - 2 p.m.

Redding VA Clinic

- Monday - Friday, 8 a.m. - 3 p.m.

Yreka VA Clinic

- Fridays, 12:30 - 3:30 p.m.

III. Committees/Meetings:

- Voices of the Veteran Group
 - ✓ Our local Voice of the Veteran members partner with VA NorCal Employees to improve quality of care and services at VANCHCS.
 - ✓ An effective member is someone who:
 - ❖ can give constructive feedback
 - ❖ is excited to look at change, beyond personal need
 - ❖ will help find solutions to bring about meaningful change
 - ❖ can commit to monthly meetings
 - ✓ If interested in joining, please contact the Patient Advocate:

Redding OPC	530-226-7508
Martinez OPC	925-372-2883
Sacramento VAMC	916-843-7034 / 4th Weds
Fairfield OPC	707-437-1803
Yuba City OPC	530-751-4560
Chico OPC	530-879-5009
Oakland OPC	510-267-7810
Mare Island OPC	707-562-8391
Yreka RHC	530-226-7508
McClellan OPC	916-561-7540
Sierra Foothills OPC	530-889-0872

Maurice L. Johnson

MAURICE L. JOHNSON
Service Officer